

CLEVER CONTOURERS

Thanks to a new generation of products it's easier than ever to use these professional techniques to contour your face at home. "Invest in the best-quality products you can – powders that are super-silky and highlighters with refined reflective pigments – to ensure an end result that is subtle, flawless and undetectable," advises Michael Ashton.

Start by scrutinising your face. "In frontal low-lighting

see where you get natural shadows under the cheekbones, jaw line and nose, then enhance these areas using either a contour powder or cream; or play it safe by choosing a deeper shade of foundation you might still have left over from summer. Once you've shaded and blended these areas, use a highlighting product to emulate the effect of a spotlight bouncing light onto your face."

SHADERS AND SHAPERS OPT FOR COMPLETELY MATT, NON-SHIMMER POWDERS AND CHOOSE FROM A RANGE OF TAUPE, BROWNS AND DARK FLESH SHADES



1. Chanel Ombre Contraste in Notorious, £31 2. Kevyn Aucoin The Sculpting Powder, £34, from Space NK 3. Smashbox Step By Step Contour Kit, £35, contains three perfect shades. From Boots or visit smashbox.co.uk 4. MAC Eyeshadow in Satin Taupe, £12 5. Illamasqua Cream Pigment in Hollow, £17, is a great option for those who love cream face products

HIGHLIGHTERS AND BRIGHTENERS USE ON TOP OF CHEEK AND BROW BONES AND THE BRIDGE OF THE NOSE. FOR UNDER-EYES STICK TO A SHIMMER-FREE CONCEALER IN A LIGHTER SHADE



1. Chantecaille Limited Edition Les Petales de Rose Highlighter, £74, from Space NK 2. MAC Lustre Drops, £17.50 3. New CID Cosmetics i-illumine, £20; visit newcidcosmetics.com 4. Stila One Step Illuminate, £24 5. Nars Illuminator in Copacabana, £22

BLUSHERS AND FLUSHERS 'USE A LARGE BLUSHER BRUSH TO SWEEP A SOFT ILLUMINATING COLOUR ONTO CHEEKS,' SAYS MICHAEL. 'MUTED PINKS, CORALS AND BURNISHED TONES LOOK BEAUTIFUL'



1. YSL Blush Radiance in 07, £31 2. NARS Blush in Orgasm, £21, tops the list for both Scott and Michael 3. Rituals Magic Powder Blush in Peach Glow, £14.50, from bathandunwind.com 4. Bobbi Brown Illuminating Bronzing Powder in Bali Brown, £27, is Michael's go-to blushing bronzer

BEAUTY

Changing Faces

With the help of two celebrity make-up experts we reveal the techniques and products you need to contour your face like a pro

When Kim Kardashian posted pictures on Twitter revealing how make-up guru Scott Barnes gives her killer cheekbones and enviable bone structure a helping hand, she revealed a trick the pros have been using for years to enable celebrities to reshape their famous faces without resorting to surgery – contouring. And the best news is that, with a little insider know-how, you can do it too.

"Contouring and highlighting your face is the ultimate way of creating a truly three-dimensional polish," explains Adele's make-

up artist Michael Ashton. "It's Hollywood's best-kept secret but can work as well on the real woman as it does on the silver screen."

While Kim may have recently made contouring big news, the technique is not new. During the golden age of cinema in the 1930s and 1940s make-up artists shaped and shaded the faces of screen goddesses, helping to create those iconic and glamorous black and white publicity shots. Back then, it didn't matter what colours you used to create cheekbones, widen eye

sockets and firm jaw lines, as long as they looked great in the photos. Today, however, celebrity faces are seen in HD and are scrutinised from every angle, making the visual trickery more difficult to pull off.

Well known for his contouring mastery, Scott Barnes has also worked with Jennifer Lopez, Beyoncé, Gwyneth Paltrow and Jennifer Hudson. "I have been contouring faces and writing about how to do it for years," he reveals. "It really is a simple four-step process that anyone can do."

SCOTT'S SHADE AND SHAPE

Take a good look at the before and after shots of Kim – then follow Scott's guide to achieving the same effect:



Step 1

"Layer a light-reflective concealer under your eyes, over the top of your cheekbones, down the centre line of your nose and up onto your forehead between your brows."

Step 2

"Choose a concealer that is two shades darker than your skin tone and use it to create an arc under your cheekbones, ensuring you do not make this a straight line. You can also apply the same shade down the sides of your nose to thin it, and under your jaw line to firm it."

Step 3

"Apply your foundation over the top, taking care to lightly blend the concealer, so that the contouring is underneath your foundation."

Step 4

"Apply a pop of blusher onto the apples of your cheeks to add colour, dimension, and to enliven your face and create the illusion of cheekbones."