



Smarter serum

When is a serum not a serum? When it's a definition-defying serum/gel hybrid. Jurlique's organic biodynamic range includes the Herbal Recovery Advanced Serum, which helps restore radiance to weary skin. Small enough to carry on the plane, it tackles both pre-holiday dehydration and post-holiday sun exposure.



Jurlique Herbal Recovery Advanced Serum
30ml, £45, from Marks & Spencer Beauty

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Spot reduction

I am lucky in that I don't often have breakouts, but when I do it's usually before I do TV, speak in public or before a big night out. That's why I need an on-the-spot gel that will dry up a pimple quickly, take down the bump and work beneath the makeup. Salicylic acid is my go-to ingredient and I just dab where needed. My favourites are:



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1. Clinique Anti-blemish Solutions Clearing Gel, £14
2. Origins Super Spot Remover, £15
3. Aveda Outer Peace Blemish Spot Relief, £20

BEAUTY

BEAUTY INSIDER

Sometimes your skin needs a little TLC. Luckily, HELLO!'s beauty editor Nadine Baggott has it covered with her emergency skincare solutions



Powder with more pow

Sometimes a powder can do more than just mattify a shiny face. My favourite has a mineral soil ingredient that counteracts redness and calms irritation. Designed to be used over night, I also apply it during the daytime. Worn under my everyday mineral make-up, it doubles as a concealer and skin calmer.

bareMinerals Pure Transformation Night Treatment, £45; visit bareminerals.co.uk



Good calmer

I always keep two creams on hand to calm skin irritation, including cuts and burns – even insect bites and rashes. The first is a clever mix of hydrocortisone, anti-fungal and anti-bacterial ingredients that can stop irritation in its tracks. The second, a new find from US cosmeceuticals brand iS Clinical, is a cream formulated for use post-laser treatment but which works just as well on sensitive, irritated, dry and flaky skin. I swear it even tackled a cold sore, cutting my recovery time in half. Together they are my first-aid kit for skin:

1. iS Clinical Sheald Recovery Balm, £43, from victoriahealth.com
2. Daktacort Hydrocortisone Cream, £5.39, from Boots and pharmacies nationwide



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