

Pout!

THE ULTIMATE BEAUTY MULTITASKERS

They save time and money and really do the job, says Nadine Baggott



Exhausted by a ten-step morning and evening routine? Who has the time, money or inclination to do all that as winter draws near? These are my favourite beauty multitasking products that really work and are worth every penny.

1 THE NIGHT PERFECTOR Paula's Choice Resist Triple Action Total Repair Serum

(£43; paulaschoice.co.uk)

If you want a single-step night serum to target sun damage then this is well worth trying. It has niacinamide vitamin B3, a stable form of non-irritating retinoid called retinyl propionate, and hexylresorcinol, a new kid on the active-ingredient skincare block, to tackle uneven pigmentation.

2 THE MORNING PROTECTOR Dear Lucy Marine Antioxidant Serum

(£87; dearlucyskincare.com)

When I tell you that this truly is all you need every morning, you have to try it to believe me. This has a 10 per cent blend of stabilised vitamin C, vitamin B3 and other antioxidants, it is so moisturising you won't need a moisturiser and it sits well under concealer and foundation. It's your morning does-it-all skincare product. PS: I even use it around my eyes and on my neck and chest.



3 THE LASH-GROWING MASCARA Glow For It Lash Growth Mascara

(£23.99; glowforitshop.com)

This mascara instantly adds a rich colour and extra volume, but it also contains a mix of peptides – the same ones found in the brand's matching lash growth serum (£29.99) – that work to extend the growing phase, leaving you with longer, thicker lashes. It's super-easy to apply – just remember to add to the base of the lashes as well as the lashes themselves to get the best out of it.

GETTY IMAGES



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4 ALL YOU NEED FOR LIPS The Inkey List Tripeptide Plumping Lip Balm

(£10.99; uk.theinkeylist.com)

Most plumping lip products work by irritating your lips to engorge them (bad in the long term). This uses peptides and hyaluronic acid instead to deliver moisture and trigger lips to build their own moisture from within. While I am sceptical about it replacing the need for filler, it will work on dehydrated lips and smoker's barcode lines.



5 THE BODY BUMP ERASER Naturium The Smoother Glycolic Acid Body Wash

(£18; spacenk.com)

If you have ingrown hairs, body breakouts, keratosis pilaris (bumpy red chicken skin on the backs of arms and legs), or just want to exfoliate away the last of dry summer skin, then this is for you. It smells lovely, looks great in the shower and is reasonably priced. In fact, this entire body range is excellent. ➔



6 THE HAIR HELPER
Redken One United All-In-One Multi-Benefit Treatment

(from £18; lookfantastic.com)
 This spray will help protect hair when heat styling, defrizz and smooth, add shine and control, detangle and beat static. It's ideal for anyone with even the finest hair. If you hate the thought of heavyweight hair oils or creams then this is the single-step spray you need.



7 THE ONE FOR THE FAMILY SHOWER
Dove Derma Hypoallergenic Body Wash

(£3; boots.com)
 Let's be brutal here: a family shower wash should suit all skins and ages, be unfragranced and useable on every body part (you know what I mean) without any irritation. It should enable you to dry your skin and skip the need for body lotion on busy mornings. Dove pretty much always delivers and it has smashed it with this new product.



8 THE SLEEP-DEPRIVED EYE SERUM
It Cosmetics Bye Bye Under Eye Bags

(£33; cultbeauty.co.uk)
 This instantly soothes tired under-eyes and works quickly to depuff and tighten as it dries, with a filter-like finish for dark circles. What's more, it doesn't pill under make-up and concealer like so many of the bag-reducing formulas that work the same way.



9 THE ALL-IN-ONE BODY STICK
Proshine High Shine Solid Body Oil

(£30; sephora.co.uk)
 This cult beauty buy smells heavenly, instantly hydrates dry, scaly, cracked shins, heels, elbows, even cuticles, and adds a sexy sheen. Even better, it comes in an



easy to pack and stack, travel-friendly solid push-up formula.

10 THE SLEEP SAVIOUR
Erborian Skin Therapy Multi-Perfecting Night Oil

(from £21; uk.erborian.com)
 With the nights drawing in, I want to streamline my pre-bed routine: cleanse, retinol, then this wonderfully light face oil. It contains glycerin, multiple emollient plant oils, supergentle poly hydroxy acids to give a glow, and calming *Centella asiatica*.



11 THE HANDBAG HERO
E45 Lips & Dry Skin Balm

(from £8.99; from pharmacists)
 We all know the designer versions of this little tube of skin-calming, healing and soothing ointment. Well, this mix of lanolin, beeswax and vitamin E is just as good at a fraction of the price and works everywhere, even as an emergency hair smoother. A little goes a long way too.



12 THE SINGLE STEP CLEANSER
The Ordinary Glycolipid Cream Cleanser

(£11.10; spacenk.com and boots.com)
 This is the dream cleanser – creamy but light, makes mince-meat out of even stubborn eye make-up, never irritates your eyes or dries out your skin and can be used morning and night. Perfection. And there's no need to double-cleanse again if you team it with a fresh face cloth.



13 THE SERUM FACE BASE
L'Oréal Paris True Match Nude Pumping Tinted Serum

(£11.99; boots.com)
 When is a hyaluronic acid plumping serum also a soft-



focus, skin-blurring tint hyphen make-up hyphen concealer? When it's this clever new-generation skin-tinted serum. Apply a few drops of this as you would a face serum, massage into your skin from the centre panel out and, voilà, your face will look its best without the appearance of make-up. It comes in ten shades but L'Oréal needs to create more as it's really good.

14 THE CONTROLLING HAIR CREAM
Living Proof Perfect Hair Day 5-in-1 Styling Treatment

(£16; livingproof.co.uk)
 This is my lifeline for dry, damaged hair. A 10p-sized blob onto damp hair will detangle, add a touch of body and staying power to your style, a degree of heat protection and will temporarily seal split ends.



15 THE SUPER LIP STAIN
Clinique Almost Lipstick in Black Honey

(£24; clinique.co.uk)
 It's a lip colour that's also a balm, suits every skin tone, intensifies your natural colour and protects dry lips in autumn. This TikTok sensation, so light it can be applied without a mirror, has quickly become iconic. Try it on the counter to believe the hype.



16 THE NAILCARE NEED TO KNOW
Nails Inc Gel Rehab Damaged Nail Recovery

(£15; nailsinc.com)
 If your nails are struggling after bright summer gel manicures, this single-step polish is your friend. You can use it as a base or a topcoat. It strengthens and leaves a soft creamy sheer finish. ■



Find @nadinehaggott on Instagram and YouTube where she solves all your beauty dilemmas

FAB FIVE: FOOLPROOF FOUNDATIONS



MAYBELLINE SUPER STAY 24H SKIN TINT, £12.99
 Lightweight; 16 shades
 (lookfantastic.com)



GIORGIO ARMANI LUMINOUS SILK, £37.82
 A surefire flawless finish
 (boots.com)



MONIKA BLUNDER BEAUTY BLUNDER COVER, £45
 Cream-foundation hybrid concealer
 (spacenk.com)



CHANEL VITALUMIÈRE AQUA, £44
 Fresh, natural finish. Gives a glow
 (chanel.com)



ERBORIAN BB CREAM, £20.50
 My go-to most days
 (uk.erborian.com)